

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
9:00 - 9:45 ind. Gymnastik	9:00 - 10:00 Rehasport Plus		9:00 - 9:45 Rehasport	09:00 - 09:45 Rehasport
10:00 - 10:45 Rehasport	10:00 - 11:00 Rehasport Yoga	10:00 - 10:45 ind. Gymnastik		10:00 - 10:45 Rehasport
11:00 - 11:45 Rehasport		11:00 - 11:45 ind. Gymnastik		
17:00 - 17:45 ind. Gymnastik	17:00 - 17:45 ind. Gymnastik	17:30 - 18:30 Fit for Life	17:00 - 18:00 Rehasport Plus	
18:15 - 19:15 Aerobic	18:00 - 19:00 Yoga	18:30 - 19:15 Rehasport	18:00 - 19:00 Rehasport Plus	
19:15 - 19:45 Bauch Pur	19:00 - 20:00 Boxfit		19:15 - 20:00 ind. Gymnastik	

REHASPORT mit Verordnung

NEWLIFE Kurse

Newlife Gesundheitszentrum, Am Gebräun 4, 99817 Eisenach, Telefon: 03691 - 214686

